

Kidney care choices that fit your health and lifestyle.



Kidney Transplant

- A surgeon implants one healthy kidney from a living or deceased donor
- After a transplant, you will need daily pills to suppress your immune system
- You may qualify to get on the kidney list or find a living donor before you start dialysis



Peritoneal Dialysis

- This needle-free dialysis uses the inner lining of the abdomen to clean your blood
- You can do the flexible, easy treatments at home or at work
- Peritoneal dialysis may help preserve your remaining kidney function



Home Hemodialysis

- You can dialyze on your schedule—morning, noon or at night up to 6 times per week
- Often helps avoid cramps, ups-and-downs or “dialysis hangover” after treatments
- Enjoy a flexible diet, better fluid control and take fewer medications



In-Center Nocturnal Hemodialysis

- Receive three 6-8 hour dialysis sessions a week at night while you sleep
- This slow, gentle treatment can help improve your appetite and energy level
- Feel well enough and have a treatment schedule that helps you keep your job



In-Center Self Care Hemodialysis

- Run your own treatments without the need to have a machine in your home
- Professional caregivers will help you if you need it
- You can choose the tasks you want to perform on your own



In-Center Hemodialysis

- Receive your care in one of our clean, friendly dialysis clinics
- Your treatments will be done by our trained caregivers
- A renal dietitian will help you with your dialysis diet and fluid restriction

Types of access for kidney dialysis.

Dialysis treatment requires access into your body. Your access type depends on the dialysis treatment you choose.

- Peritoneal dialysis uses a soft, flexible plastic catheter inserted into your abdomen
- Preferred hemodialysis access is the fistula, created using your own artery and vein to resist infection, clotting
- Graft, also for hemodialysis, connects artery to vein using plastic tubing
- Central venous catheter (CVC) is temporary and should be avoided or removed as soon as possible

