Hypertension and Fluid Management: Success in Reaching Target

Process Method
- Managing hypertension/fluid balance
  - Timely and adequate follow-up/trending/tracking
  - State-of-the-art protocols
  - Interdisciplinary team (IDT) approach
- Effective two-way communication
- Education/involvement
- Adherence to dialysis regimen
- Adherence to medication regimen
- Adherence to fluid and diet orders

Dialysis-related
- Appropriate dialysis prescription
- Consistent delivery of prescription
- Medication administration as ordered
- IDT approach to care and communication
- Timely, effective assessment/POC
- Timely, effective QAPI
- Knowledge and critical thinking skills

Patients
- Reaching Target
- Adherence to fluid and diet orders

Personnel
- Source: Adapted from work by Debra Punch, MBA, RN. This document is intended to serve as a sample only and does not suggest or direct specific clinical practices or patient care.