

BEST PRACTICE #1: PATIENT TOOLS AND RESOURCES

| Audio Pre-Recorded or Live Tools and Resources | |
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| People Like Us: Coffee House Conversations Live, telephonic and/or pre-recorded web-based | National Kidney Foundation www.kidneyorg/coffeehouse/ |
| Chronically Happy: Joyful Living Author - Lori Hartwell, founder of RSN (audio and print) | Renal Support Network (RSN) www.rsnHOPE.org |
| Hopeline 800.579.1970 | Renal Support Network www.rsnHOPE.org |
| People Like Us: Stepping Back Into Life A social work-facilitated program that addresses trauma and depression | National Kidney Foundation www.kidney.org/patients/plu |
| Web-Based Tools and Resources | |
| Communication Prescription for the Renal Care Professional Web-based video (available soon) | Renal Support Network www.rsnHOPE.org |
| Patient Information | Dialysis Patient Citizens www.dialysispatients.org |
| Patient Bulletin Board | www.ihatedialysis.com |
| Support Groups, KidneyTalk Pod cast Radio Show, Written Materials, Videos, Annual Essay Contest Message Board | Renal Support Network www.rsnHOPE.org |
| The Kidney School 16 “live” self management modules; PDFs can be printed for patients without internet access | www.kidneyschool.org |
| *Culture Change (Click on HATCh Model - Environment) | Quality Partners of Rhode Island http://www.qualitypartnersri.org |
| KidneyTimes Patient stories | http://www.kidneytimes.com/subcatbrowse.php?Criteria=Hope&subcat=Creative%20Studios.com |
| Life Options Research-based fact sheets, posters, and booklets. Fact sheets also available in Spanish | http://www.lifeoptions.org/catalog/pdfs/booklets/employment.pdf |
| ESRD Network Information | National Forum of ESRD Networks www.esrdnetworks.org |
| Printed Tools and Resources | |
| Live & Give Newsletter | Renal Support Network http://www.rsnhope.org/newsletter/current_issue.php |
| Be Your Own Best Advocate: A Fact Sheet for People with CKD | National Kidney Foundation http://www.kidney.org/patients/plu/pdf/CKD_DialysisAdvocateFactsheet.pdf |
| Support Groups Manual | American Association of Kidney Patients http://www.aakp.org/userfiles/File/Support%20Group%20Guidebook%20PDF.pdf |